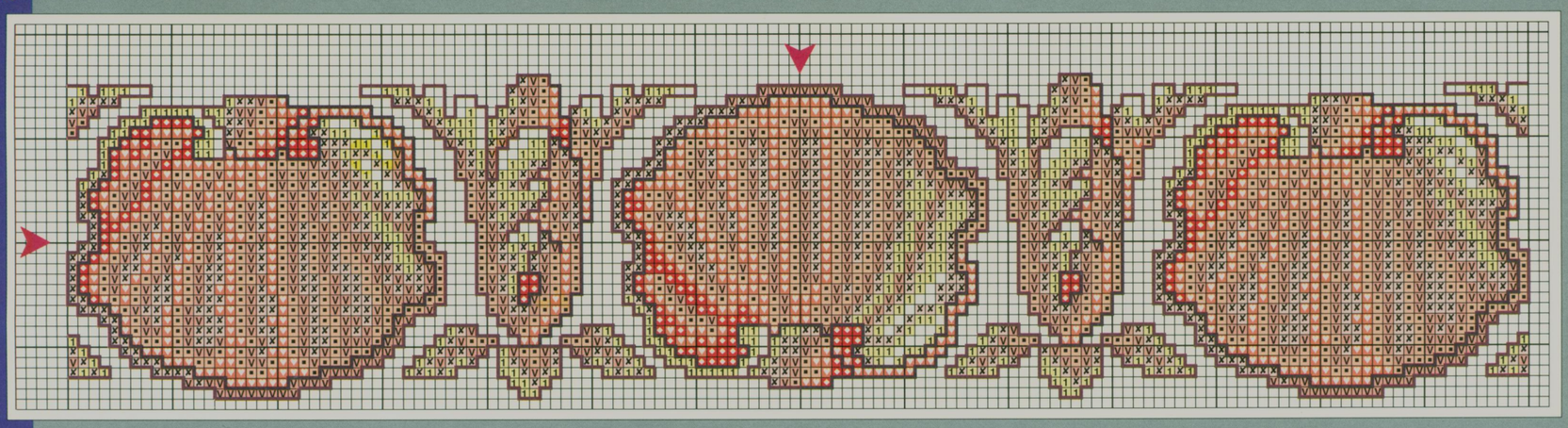
$4.95 US (Canada $5.95 • Australia RRP $6.95 • New Zealand RRP $11.65 inc. GST)

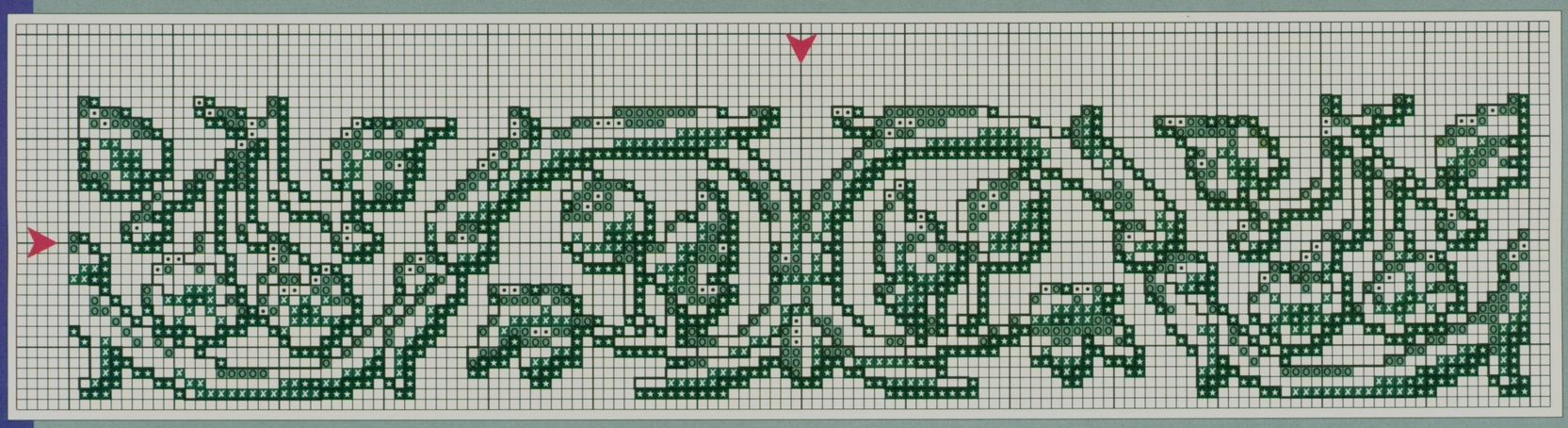
TRUE COLORS CROSS STITCH

Elegant BORDERS

BCL 10002

designed by True Colors staff





COLOR KEY

BASIC CROSS STITCHES

*TYPE	Anchor FLOSS	J&P COATS		DMC FLOSS	COLOR DESCRIPTION
C1- 6	275	2275	1111	746	off-white
C1- 6	271	3280	XXXX	819	baby pink, lt
C1- 6	006	2331	VVVV	754	peach flesh, lt
C1- 6	008	3006	▪▪▪▪	353	peach flesh
C1- 6	009	3008	VVVV	352	coral, lt
C1- 6	010	3011	◆◆◆◆	351	coral
C1- 6	001	1001	••••	000	white
C1- 6	875	6879	OOOO	503	blue green, med
C1- 6	877	6876	XXXX	502	blue green, dk
C1- 6	879	6880	★★★★	500	blue green, vy dk

* For description and instructions of each stitch type, see page 6.

EMBROIDERY STITCHES

*TYPE	Anchor FLOSS	J&P COATS		DMC FLOSS	COLOR DESCRIPTION
BS	895	3241		223	shell pink, med
BS	896	3242		3722	shell pink, lt med
BS	879	6880		500	blue green, vy dk

STITCH COUNT

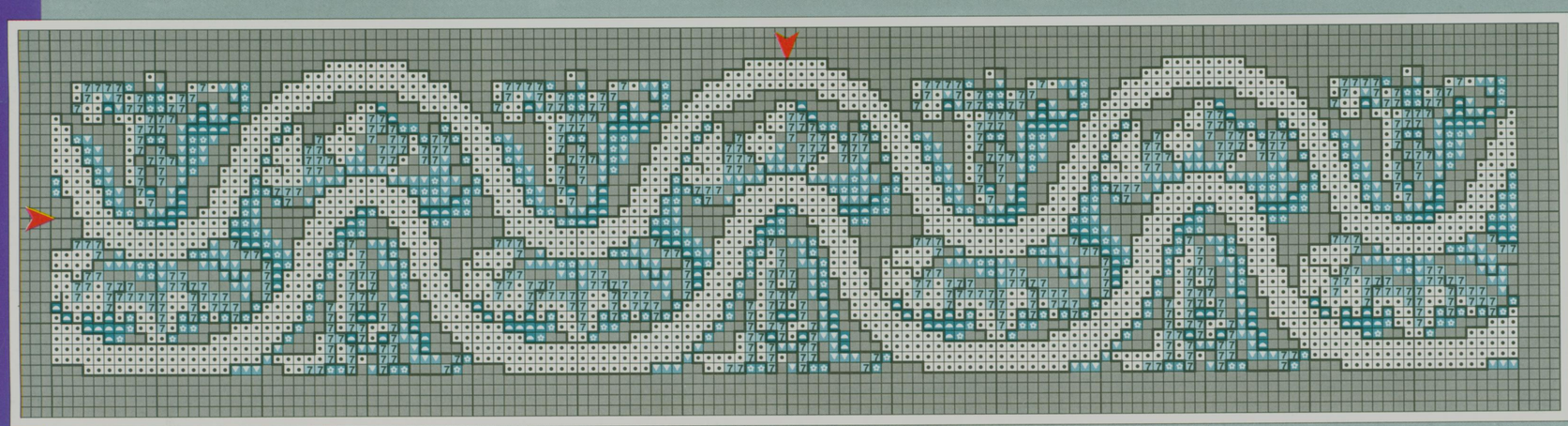
TOWEL	WIDTH	HEIGHT
Shells	140	30
Seafoam	140	30

ACKNOWLEDGEMENTS

Our models were stitched on 14-count fingertip towels by Charles Craft.
Shells- white Park Avenue towel
Seafoam- seafoam Park Avenue towel

The stitching is accomplished with 2 strands of floss provided compliments of Anchor. Use 1 strand of floss for the backstitch.

These towels were created by the True Colors design staff and stitched by the True Colors stitching pool.



COLOR KEY

BASIC CROSS STITCHES

*TYPE	Anchor FLOSS	J&P COATS		DMC FLOSS	COLOR DESCRIPTION
C1- 6	376	3146	VVVV	950	rose brown, vy lt
C1- 6	379	5579	8888	3772	beige brown, med
C1- 6	847	6005	▪▪▪▪	3072	gray green, vy lt
C1- 6	848	6006	EEEE	928	gray green, med lt
C1- 6	850	6007	♣♣♣♣	926	gray green, dk
C1- 6	851	6008	JJJJ	924	gray green, vy dk
C1- 6	103	3086	XXXX	211	pale purple
C1- 6	870	4221	YYYY	3042	antique violet, lt
C1- 6	872	4223	★★★★	3740	antique violet, med dk
C1- 6	873	4224	♣♣♣♣	327	antique violet, dk

* For description and instructions of each stitch type, see page 6.

BASIC CROSS STITCHES

*TYPE	Anchor FLOSS	J&P COATS		DMC FLOSS	COLOR DESCRIPTION
C1- 6	001	1001	••••	000	white
C1- 6	975	7031	7777	775	baby blue, lt
C1- 6	920	7050	▮▮▮▮	932	antique blue, lt
C1- 6	921	7051	★★★★	931	antique blue, med
C1- 6	922	7052	▲▲▲▲	930	antique blue, dk

EMBROIDERY STITCHES

BS	851	6008		924	gray green, vy dk
BS	102	4107		555	violet, vy dk
BS	936	5936		632	rose brown, vy dk
BS	150	7981		336	navy blue

STITCH COUNT

TOWEL	WIDTH	HEIGHT
Grapes	130	29
Blue	140	30

ACKNOWLEDGEMENTS

Our models were stitched on 14-count fingertip towels by Charles Craft.
Grapes- ecru/Colonial Rose Twill Borderline towel
Blue- lt. Blue Velour towel

The stitching is accomplished with 3 strands of floss provided compliments of Anchor. Use 1 strand of floss for the backstitch.

TRUE COLORS

COUNTED CROSS STITCH

STITCH COUNT

Towel #	TOWEL	WIDTH	HEIGHT
1	Hearts	140	30
2	Berries	140	30
3	Peach	140	30
4	Turquoise	140	30
5	Yellow	140	30

EMBROIDERY STITCHES

Towel #	*TYPE	‡Anchor FLOSS	J&P COATS	DMC FLOSS	COLOR DESCRIPTION
1	BS	897	3242	221	shell pink, dk
2	BS	043	3410	498	Christmas red, dk
3	BS	013	2335	349	coral, dk
4	BS	170	7162	3765	peacock blue, ultra dk
5	BS	309	2308	976	golden brown, med
5	BS	310	5471	433	brown, med

ACKNOWLEDGEMENTS

Our models were stitched on 14 -count fingertip towels by Charles Craft and bookmarks on "Stitch-N-Mark" Bookmarks by Jeanette Crews Designs, Inc. Berries was stitched on the ecru bookmark (red ribbon), and Hearts on the ash rose bookmark.

The stitching is accomplished with 3 strands of floss provided compliments of Anchor. Use 1 strand of floss for the backstitch.

BASIC CROSS STITCHES

*TYPE	‡Anchor FLOSS	J&P COATS	DMC FLOSS	COLOR DESCRIPTION
C1- 6	001	1001	000	white
C1- 6	895	3241	223	shell pink, lt
C1- 6	896	3240	3722	shell pink, med
C1- 6	897	3242	221	shell pink, dk
C1- 6	023	3281	818	baby pink
C1- 6	026	3127	894	carnation, vy lt
C1- 6	028	3152	892	carnation, med
C1- 6	047	3500	321	Christmas red
C1- 6	043	3410	498	Christmas red, dk
C1- 6	206	6209	564	jade, vy lt
C1- 6	208	6210	563	jade, lt
C1- 6	210	6213	562	jade, med
C1- 6	879	6880	500	blue green, vy dk
C1- 6	271	3280	819	baby pink, lt
C1- 6	010	3011	351	coral
C1- 6	011	3111	350	coral, med
C1- 6	013	2335	349	coral, dk
C1- 6	158	7053	828	blue, ultra lt
C1- 6	185	6185	964	seagreen, lt
C1- 6	187	6186	958	seagreen, dk
C1- 6	189	6212	991	aquamarine, dk
C1- 6	305	2298	725	topaz
C1- 6	306	2307	743	topaz, lt
C1- 6	308	5308	782	topaz, med
C1- 6	310	5471	433	brown, med

* For description and instructions of each stitch type, see page 6.

COLOR KEY

- Hearts- lt. pink Velour
- Berries- ecru Velour
- Peach- peach Park Avenue
- Turquoise- ecruFederal Green Borderline
- Yellow- yellow Velour

HOW TO CROSS STITCH

TRUE COLORS GRAPHS

Take a brief look at your *TRUE COLORS* graph and the photograph of the stitching. This project is made up mostly with a combination of Full and Half Cross Stitches. *Both* types of stitches are represented by color-filled squares which contain symbols. Locate the Color Key. This guide identifies the color of thread and type of stitch which corresponds to each one of the colored squares in the graph. By referring to the location of these colored squares in the graph, you can determine the exact placement of stitches onto the fabric.

HOW TO CROSS STITCH

If you are unsure of how to accomplish any one of the stitches called for in the Color Key, refer to the *Stitches Section* for step-by-step illustrations. All the *particular* stitches used in this book are identified by bold checkmarks beside the appropriate diagrams. Start with the first number in a diagram, bring your needle up through the fabric from *back-to-front* and return from *front-to-back* at the next consecutive even number and continue in numerical order. The Turkey Stitch is the only exception where you begin front-to-back and return back-to-front.

In reference to the graph, the color in the squares enables you to quickly find the areas designated for a particular shade of floss, while the symbols simply make counting easier. Occasionally colors in the graph are *intentionally* varied from the actual floss colors to highlight backstitch colors or to ease the identification of closely shaded colors. Note that partially colored squares in the graphs do not contain symbols. Symbol-*less* squares occur in two circumstances: 1) when a backstitch splits a colored square or 2) in the event of the following fractional cross stitches - 1/4, 3/4, and modified 3/4 cross stitches. In *every* case, symbol-*less* squares are stitched in the same floss color as like-colored adjacent squares which do contain symbols. When a square contains two colors, work a 1/4 stitch in each color shown and the 1/2 cross in between may be worked in either color.

BEFORE YOU BEGIN

- ***Prevent Fabric Fraying***

While the cut edges of Aida cloth do not fray as much as even weave fabrics, it is still a good idea to take measures to prevent fabric fraying. You can either overcast the edges with sewing thread (not included), tape the edges with masking tape or treat the edges of your fabric with *Fray-chek.*

- ***Use an Embroidery Hoop***

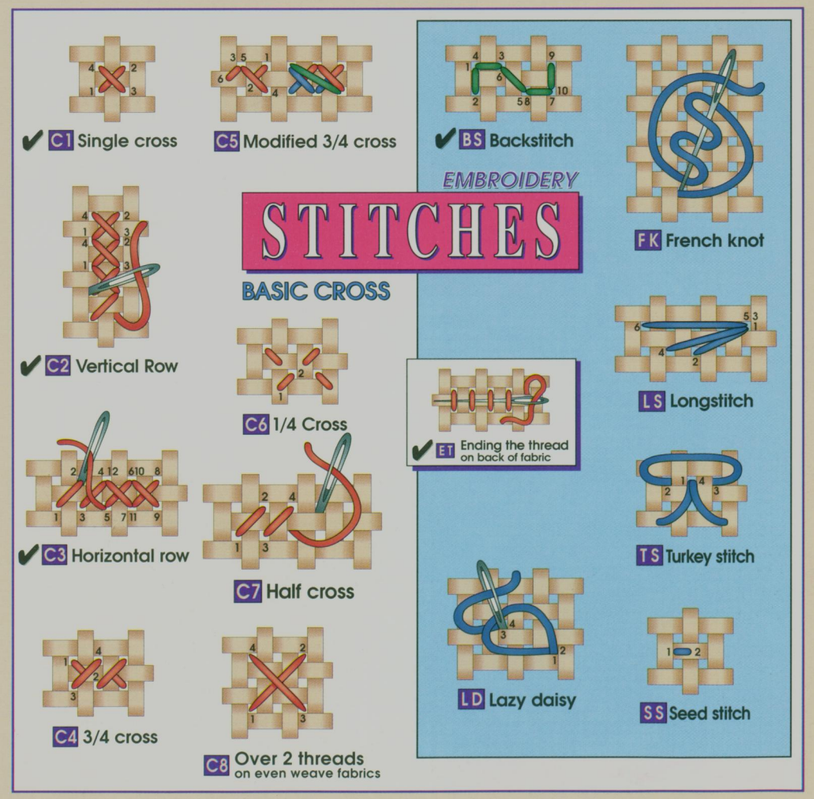
A hoop will help keep your stitches neat and uniform. To prevent *hoop marks*, please place a sheet of tissue paper (or 1 ply of separated paper towel) on *top* of your fabric before placing it into the hoop. Assemble the hoop so that the Aida cloth is taut. After the hoop is in place, tear the tissue away to expose the working area. Always *loosen* your hoop before moving it from one area to another... don't just *pop* it off. *Do not leave your hoop on your work when you have finished stitching for the day.*

- ***Prepare Floss***

The brands of embroidery floss recommended in this book are all 6-ply cotton embroidery threads. You will be working with 2 plies of this 6-ply unit. Backstitching will be done with 1-ply of floss unless otherwise indicated in the COLOR KEY. Before you load your needle, it is necessary to separate all six strands. To separate a 6-ply strand of floss– hold the strand near the top with one hand allowing the bottom to hang freely. Slowly pull each individual ply upward with the other hand... one at a time. Recombine the two plies to thread your needle with and save the remaining plies for the next threading.

Complete your basic cross stitches first, then the backstitches and finally the other embroidery stitches.

Manufacturers of floss recommend that red and black floss be rinsed to retard bleeding. Hold these colors under running cool water until the water runs clear. Simply air dry wet floss.



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BEGIN STITCHING

Start by bringing your needle up from the underside of the Aida cloth at the center of the fabric. Hold a 1" tail of floss behind fabric and stitch over it with your first few stitches to secure the floss in place. Maintain a consistent tension on your floss to create even stitches.

For instructions on how to end a floss thread on the back of the fabric, refer to *diagram ET* in the *Stitches section*. Do not carry threads across the unworked areas of fabric because they show through on the front. When you finish an area with a color, simply end the thread there and begin again in the next area.

FRACTIONAL CROSS STITCHES AS SHOWN IN THE GRAPHS

- **3/4 CROSS STITCH AGAINST AN UNSTITCHED AREA:**

See Diagram– C7

- **TWO ADJACENT 3/4 CROSS STITCHES:**

Work a 1/4 Stitch in each color and a 1/2 Stitch of darkest floss in between.

- **MODIFIED 3/4 CROSS STITCH**

See Diagram – C5

HINTS:

1) When 1/2 Stitches are used, they are represented in the graph with a *symbol inside a colored square* just like a Full Cross Stitch. The 1/2 Stitches have a separate section in the COLOR KEY. See Diagram– C7.

2) 1/4 Stitches do not appear alone in the graph. They are only included as a component of the variations of the 3/4 Cross Stitches shown above.

CHOOSING YOUR MATERIALS

The model(s) pictured on the front cover were stitched in either DMC or Anchor embroidery thread (floss). Refer to the ACKNOWLEDGEMENT section within the COLOR KEY for the specific brand used in this book. Other brands of thread are listed in the COLOR KEY as options. Since no two color ranges are precisely the same from brand to brand, expect some variations in colors when stitching in an alternative brand. Do not mix brands of floss as we have chosen colors from within each brand which blend well together.

The fabric we chose for our designs is also listed in the ACKNOWLEDGEMENTS section of the COLOR KEY. So long as you select a fabric with the same count as our fabric, the dimensions of your finished design will be the same as our pieces pictured on the front cover. Refer to the STITCHING SIZE table in the COLOR KEY to determine the final size of your finished needlework. The size of needle, the number of plies to thread in your needle and the number of fabric threads you cross stitch over all depend upon the type and count of fabric. Consult the FABRIC SPECIFICATIONS table below to determine your proper needle size and the number of plies to thread in your needle:

FABRIC SPECIFICATIONS

CROSS STITCH FABRICS	FABRIC COUNT/ INCH	HOLES PER 10 CM	STITCH OVER	# OF PLIES TO THREAD IN NEEDLE	NEEDLE SIZE USA	UK	CNE
Aida cloth	11	43.5	1 thread	3	24	24	22
Aida cloth	14	54	1 thread	2	24	24	24
Aida cloth	18	70	1 thread	1	26	26	24
Hardanger	22	87	1 thread	1	26	26	24
Hardanger	22	87	2 threads	3	24	24	24
Dublin linen	25	100	2 threads	2	24	24	22
Lugana	25	100	2 threads	2	26	24	22
Belfast linen	32	122	2 threads	2	26	24	24

Always obtain ample fabric to allow for blocking and framing of your finished work. We recommend cutting your fabric with a 3-4 inch margin all around the finish or frame size. Be safe rather than sorry.

CLEANING

If your piece has become soiled, it should be washed in a mild soap (e.g. Ivory liquid) and distilled water solution. (Wetting also helps to close the holes of the fabric– helping to *lock* in your stitches). *Do not scrub your fabric* as you may loosen or damage stitches and fabric. *Embroidery floss manufacturers do not recommend the use of Woolite or Scotchguard on finished pieces,* as these two products *may* cause dyes to bleed. Roll the wet piece in a towel until most of the moisture has been absorbed by the towel. *Do not twist or wring out your stitched fabric.*

Stretch the damp piece *taut* and place wrong-side down on a towel and gently press with a warm iron. Pick up the iron to move its position– do not *push* iron to a new location. Allow piece to dry completely before finishing.

FINISHING

You may choose to have your design professionally mounted and framed. If not, you should be able to find a commercial mounting board for a cross stitch picture at your favorite craft or needlecraft retailer. We recommend PERFECT MOUNT from CRESCENT, which is an easy-to-use, self-adhesive, acid free board (PRESS-ON self-adhesive board is a good alternative). Boards come in many sizes including 8" x 10" and 11" x 14". Be sure to mount your stitched piece according to the instructions of the board's manufacturer. You are now ready to frame your mounted stitching. We recommended the LARSON-JUHL frame and the CRESCENT mat combination indicated in the COLOR KEY to coordinate with the design colors used in this book.

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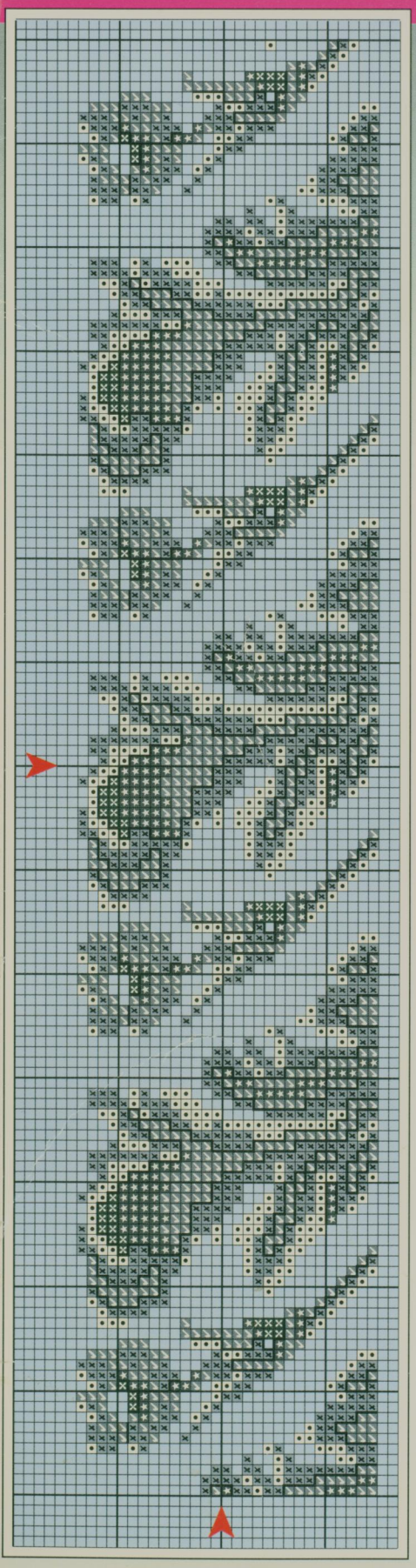

BASIC CROSS STITCHES

*TYPE	⚓Anchor FLOSS	J&P COATS	DMC FLOSS	COLOR DESCRIPTION
C1-6	001	1001	000	white
C1-6	234	6005	3072	beaver gray, vy lt
C1-6	399	8511	318	steel gray, lt
C1-6	235	8513	414	steel gray, dk
C1-6	400	8512	317	pewter gray

EMBROIDERY STITCHES

BS	403	8403	310	black

* For description and instructions of each stitch type, see page 6.

STITCH COUNT

TOWEL	WIDTH	HEIGHT
Black	140	30

ACKNOWLEDGEMENTS

This towel was stitched on a 14-count black Velour fingertip towel by Charles Craft.

The stitching is accomplished with 3 strands of floss provided compliments of Anchor. Use 1 strand of floss for the backstitch.

COLOR KEY

Let me introduce

TRUE COLORS
INTERNATIONAL

We are just delighted that you have selected a counted cross stitch project from TRUE COLORS INTERNATIONAL. We believe your consideration of this book to be a great compliment. Now, we want to be sure that your completed stitching will be everything you've hoped for and more. You see... customers like you are the focus of everything we do.

You have probably already noticed some things that are a little different about us– like full color graphs that match the floss color by color. This explains why we're called TRUE COLORS. Having clear graphs and concise instructions are like having a ***good road map*** *because they make the journey all the more enjoyable. Let's face it. The* ***fun's in the stitching****, not in deciphering confusing graphs. So, we go to great lengths to make our graphs as easy to read for you as possible.*

Continuous improvement is essential to our success. So, please share your opinions with us about the quality of our products and the designs. Any suggestions you might have that could lead to improvements are very welcome.

We hope to hear from you. Just drop us a note at the address listed below. From Karen Bowdish, our Creative Director, myself and all our employees... thank you for honoring us with your selection and we hope you will be pleased enough to pick up another kit or book from TRUE COLORS INTERNATIONAL sometime in the near future.

Happy stitching,

Carl Christenson,
President

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